

CONTINENTAL RANCH

August 2010 Edition

www.crcatucson.com

Mark Your Calendars August 2010

2nd	Pool Committee 7 p.m. at WP
3rd	Landscape Committee 7 p.m. at WP
4th	Activities Meeting 7 p.m. at WP
5th	Seniors/Retirees 9 a.m. at CC ARC 7 p.m. at WP
7th	Drowning Prevention 11:30 a.m. at CC Pool
10th	Covenants 6 p.m. at WP
11th	Board Study Session 6:30 p.m. at CC
12th	Seniors/Retirees 9 a.m. at CC Finance Committee 6:30 p.m. at WP
17th	Ad Hoc Meeting 6 p.m. at WP
18th	Board of Directors Meeting 7 p.m. at CC
19th	Seniors/Retirees 9 a.m. at CC ARC 2 p.m. at WP
26th	Seniors/Retirees 9 a.m. at CC
28th	CRCA office open 9 a.m.-1 p.m.

President's Report

—John Lambert

Serving on a committee or on the Board of Directors for CRCA requires a commitment of time and energy. None of these positions are paid positions, and we sometimes struggle to get homeowner involvement. I would like to thank Chuck Stead for the time and commitment he made while serving on the BOD for the last two years. Chuck was an asset to the CRCA BOD; his new position at work does not allow him the time needed to commit to CRCA and has required him to resign from the BOD. We wish him all the best and thank him for what he contributed to CRCA. The BOD appointed Larry Lemieux to replace Chuck at the July 14th BOD meeting. Larry has been very active in the ARC and is running for the BOD in the next election. Welcome onboard Larry.

The Finance Committee has been working hard on the budget for 2011 and will be finalizing it at their next meeting on August 12th. They have worked diligently to present a budget that meets the needs of CRCA while not raising dues. There are a lot of projects that we would all like to see done, and the Finance Committee has been able to prioritize the wish lists presented by the various committees to a realistic budget. While it is not easy to deny requests for improvements to CRCA, the committee has done a very good job and they should be congratulated on the proposed budget. ►

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The Association thanks former Board of Directors Vice President Chuck Stead for his much appreciated time and participation serving the Continental Ranch Community. Please welcome Larry Lemieux as the newly appointed Director at Large.

Current Continental Ranch Board of Directors

- President: John Lambert
- 1st Vice President: Marilyn Stimpston
- 2nd Vice President: Connie DeLarge
- Secretary: Peggy Bracken
- Director at Large: Gus Lipins
- Director at Large: Terry Paschen
- Director at Large: Larry Lemieux

President's Report, Continued

You might have noticed the mounds of dirt along Silverbell Road at numerous entryways—not the prairie dog mounds. These mounds are the result of new solar lighting for the unlighted entryways and upgraded lighting at the existing lighted ones. This project includes all entryways that are signed and hopefully will be completed shortly. Once the temperatures drop lower, we should see the entryway landscaping project start. The Landscape committee is working to enhance the entryways at all parcels to make them more inviting.

The management company walked Coachline Blvd., from Silverbell Road to the wash near Windmill Park, and counted 97 drips going to nothing. DLC, the new landscape company for CRCA, has capped over 450 drips since taking on the maintenance of our common areas. These drips went to plants at one time that were removed and were never replaced. The BOD has directed the Landscape committee to replace any plants removed with like-kind plantings. We will be paying particular attention to ALL common area landscaping in an effort to enhance these to the high standard required by the CC&Rs.

Cash Payment Advisory

ATTENTION ALL CRCA RESIDENTS

Please note that the Management Office no longer accepts cash payments, under any circumstances. There are over 3,400 homes in CRCA, which means a substantial volume of payment through the management office. Therefore, check or money order will be the only forms of payment accepted for any type of payment at the office. Money orders may be purchased at any nearby grocery store. We are sorry for any inconvenience this may cause.

Drowning Prevention Class

August is drowning prevention month and CRCA is hosting a free drowning prevention class, donated by NW Fire Department and Saguaro Aquatics on Saturday August 7th at 11:30 a.m. The class is scheduled to run until approximately 1:30 p.m. Drowning is a very serious concern, especially in the hot desert of the Tucson area, where many residents take refuge from the heat by enjoying a swim. The class presented on August 7th at the CRCA Community Center Pool, located at 8881 N. Coachline Boulevard, is open to all CRCA residents. Individuals and families of all ages, including infants, are welcome and invited to attend.

The class is scheduled to include: general safety demonstrations, in-water rescues, safety equipment demonstrations, infant CPR information, and an infant swimming demo – so bring your tot(s). The



groups who are providing this class are donating their time this hot summer day, in hopes of helping to save lives and enrich the community. Please come take advantage of this opportunity. For any additional information, please contact the CRCA office at 297-7600. See you at the pool!

A Mistake That Could Cost *Big Bucks!*



Stop And Read: Informative Notice to CRCA Residents

The Town of Marana recently contacted our management office and asked if this information could be passed along, in hopes to save residents from unknowingly making a mistake that could cost them big bucks.

There are many homes in Continental Ranch that have backyards that overlook the numerous drainage washes running through the community. Occasionally, some residents or their contractors

dump landscape debris and other items over their wall onto the wash bank behind the property.

This is a code violation for the Town of Marana, and their Community Response Manager wishes to remind everyone in the Community that this violation carries a relatively hefty fine of up to \$600.

Since most residents are probably not aware of this stiff penalty, hopefully this article will be of high value to those whose homes back up to a wash. Please be a kind neighbor and spread the word. Thank you to everyone for doing a terrific job on keeping up your properties.

Board Meeting: July Recap

The following are highlights from the regular meeting of the Board of Directors held 21 July 2010 at the Community Center. Completed minutes are posted to the website in draft format and will be approved at the next regular meeting in August. A copy may also be requested from the office staff.

CONSENT AGENDA APPROVALS

Receipt of committee minutes and committee appointments of Mr. Shayne McCaslin as chairperson of Covenants and Mrs. Nancy Lambert as chairperson of Ad hoc Monument Committee were acknowledged. New committee appointments: Ms. Victoria Palfreyman, Ms. Becky Scott, Ms. Margie Gibson, and Ms. Micala Baer to Activities; Mr. Al Diaz to ARC. Committee resignations accepted with regret and thanks for service to the community: Ms. Ann Bodmer and Ms. Vija Lipins from Landscape; Ms. Barbara Snyder and Mr. Paul Taylor from Covenants; Ms. Sharon Swartz from ARC.

COVENANTS APPEAL

A proposed change to the current Design Guidelines will be considered in order to provide more leniency to residents regarding possible construction of a new patio roof while maintaining the aesthetic values of the community. Decision is anticipated at the August meeting.

BOARD ACTIONS

Dismissal of Facilities Committee. Four lot cleanups were authorized on recommendation of the Covenants Committee. Issue of unauthorized parking of a residential car was returned to Covenants for appropriate handling. Purchase of cigarette urns for the park was temporarily denied pending other options to be provided by Management. Acceptance of Nominating Committee's recommendation of candidates for the Board of Directors, new fiscal year: Mr. Larry

Lemieux, Ms. Connie DeLarge, Mr. John Lambert. Purchase of new logo signs along Silverbell was disapproved. Resignation of Board of Directors 1st Vice-President, Mr. Chuck Stead was accepted with regret and thanks for service to the community. Mr. Larry Lemieux was appointed to fill the director vacancy for the remainder of the current fiscal year. Exhibit D, CC&Rs of Sunflower Community Association was approved. Daisy Scouts were granted fee and damage waivers for use of the Community Center throughout the coming year.

BOARD DISCUSSION

The gopher encroachment in Windmill Park and other areas is a major issue with health and safety concerns for children and house pets in a rodent elimination plan. Painting of the wall on Silverbell at the Mountain Shadows area will be considered at the August meeting. Additional bids will be obtained for sand screening in the play area at Windmill Park. Residents can help by keeping the area clean. A new management plan/guideline for the next few weeks was presented for DLC Resources Inc. Management is coordinating with DLC's new foreman and staff to bring the community's landscape work in alignment with original expectations.

UPCOMING DATES

- Board Study Session – Wednesday, 11 August 2010 @ 6:30 p.m., Community Center
- Board Meeting – Wednesday, 18 August 2010 @ 7:00 p.m., Community Center.

Note: Not discussed at the July meeting; however still valid is the \$500 reward leading to the arrest and/or conviction of any person(s) vandalizing pools and/or other facilities of Continental Ranch property. Photos taken by area security cameras have been posted for resident identification, or may be viewed in the management office.

REWARD

\$500

For information leading to the

ARREST and CONVICTION

**of persons responsible
for vandalism of
Continental Ranch
Community
Association property.**

PLEASE CALL 297-7600 to make a report

ARC: “Wonders Of Nature”

Greetings for the month of August 2010 from the Architectural Review Committee (ARC) we hope your summer has been terrific.

This month's article addresses an area that the ARC doesn't get directly involved in, but which invariably comes into play when approving ARC forms for construction, landscaping or anything that will require the removal, destruction or transportation of Arizona's Protected Plants.

We hope this will be informative for you and possibly even prevent you from being fined by the state for not complying with their protected plant laws.

The below paragraph is quoted directly from the Arizona Department of Agriculture's Web Site:

Nowhere in the United States are there more rare and unusual native plants than in Arizona. Most of them are many years old and cannot be replaced. Many people desire to use these 'wonders of nature' in their landscaping. However, most of these plants are protected by law. Also, all land in the State of Arizona belongs to someone, whether it is a government agency or a private citizen.

Plants cannot be removed from any lands without permission of the owner and a permit from the Department of Agriculture. Landowners have the right to destroy or remove plants growing on their land, but 20 to 60 days prior to the destruction of any protected native plants; landowners are required to notify the Department. The landowner

“Nowhere in the United States are there more rare and unusual native plants than in Arizona. Most of them are many years old and cannot be replaced. Many people desire to use these ‘wonders of nature’ in their landscaping. However, most of these plants are protected by law.”

also has the right to sell or give away any plant growing on the land.

However, protected native plants may not be legally possessed, taken or transported from the growing site without a permit from the Arizona Department of Agriculture.

We've attached some links that will provide you additional information regarding removing or destroying Arizona's Protected Plants.

- AZ Department of Agriculture, www.azda.gov/ESD/protplantlst.htm
- Arizona's Protected Plant List, www.azda.gov/ESD/protplantlst.htm
- Procedures for obtaining a permit for removal or transportation of a protected plant, www.azda.gov/ESD/nativeplants1.htm
- Locations for obtaining a permit, www.azda.gov/ESD/nativeplants2.htm

We enjoy passing on what we've learned, especially if it will benefit our Continental Ranch Residents!



Covenants: Did You Know?

Continental Ranch is a beautiful community, where so many of its residents take great pride in their homes and properties. Continental Ranch residents take the time to make their homes look pristine even in the face of national economic hardships. As every homeowner is aware, from time to time certain yards can fall into disrepair, when a home is unfortunately lost to a Bank, or the owners move out and put the property up for sale. In these truly unfortunate situations, these properties become an eyesore and source of irritation for neighbors, who take such pride in maintaining their own.

Some of these homes are a challenge for the management company to turn around, and the process is one of which many owners are not fully aware. Under direction of the Association Board of Directors, violation letters are issued approximately every two weeks; the first two of which are courtesy letters and bear no monetary penalty. The third letter, which is sent about the sixth week, is sent by certified mail. It is a request to appear before the Covenants Committee. The action/recommendation of the Covenants Committee upon reviewing the status of the home will be sent to the Board of Directors who will authorize a lot clean up and/or a fine being imposed.

Any monies spent by the Association are billed to the owner. For the neighbors who reside near the declining property, these weeks can seem like an eternity, however, rest assured, the Association is acting as quickly as it can, given the policies set forth. The system has been developed in a fashion to be reasonable and consistent to all homeowners, yet designed to encourage residents to keep their properties in a presentable condition. The system also complies with Arizona Law.

Additionally, the CRCA management company maintains an open line of communication with the Town of Marana's Code & Compliance department. They have their own procedures for properties which fall too far behind. In situations where front yard weeds are out of control, troubled residents who feel that action is not advancing fast enough through the Association, can also feel free to contact Marana Code & Compliance. Their information is listed on the contact list located in this publication.

Another great service to your community is given by Neighbors Helping Neighbors. If an owner is experiencing difficulty in maintaining their yard due to unforeseen issues such as health, give them a call. Their ad is elsewhere in the Windmill.

Activities: *Thank You For Your Support!*

It is with great pleasure to announce that due to the previous requests of additional Committee members, the Activities Committee was successful in retrieving several new volunteers! We had a meeting the first Wednesday of July at 7 p.m. There were 5 residents that came to see what would happen if we disbanded the Activities Committee. It was great to see more Continental Ranch residents want to get involved. After discussing possibilities that a bigger committee can do, several homeowners agreed to join. The new members were sent to our Board of Directors for approval.

Now, with a great group of homeowners, the Activities

Committee can start putting together great activities, to enhance the quality of living in Continental Ranch. If you have been to a community sponsored event in the past, or have interest in future events, please feel free to come to a meeting and give your input. As a homeowner you have a great opportunity to give input and direction to the events you would like to see in our community, so come help shape the community! With a community of well over 4,000 homes, many hands are needed to make these events happen. We are looking forward to a great year with all our neighbors, and look forward to seeing all CRCA residents attend the events.

Seniors And Retirees Of CRCA

What we like most about the month of August is the fact that we are halfway through those hot, lazy days of Arizona's summer heat! When we hear about the temperatures in other parts of the country, coupled with the high humidity and storms. We know that we are most fortunate and look forward to the more moderate temperatures and sunny days enjoyed here in Arizona throughout the rest of the year.

A group of our old-time members were chatting just recently about the friendships, camaraderie and solidarity of SCRCR members that have endured since the very beginning of Continental Ranch development. When most of us moved here many years ago, we came without family and didn't know anyone. The community was in its building boom with only a few hundred homes, and we turned to SCRCR for companionship and support. Little did we know, at that time, that over the years those SCRCR acquaintances would develop into friends and family standing the test of time! How lucky can we get? And, we embrace our newer members and guests and encourage them to share in that special relationship with us.

August will find us "at home" on the 5th, 12th, 19th and 26th. Birthdays will be celebrated on the 12th. On the 9th, carpools will leave the Center at 5 p.m. for dinner at My Big Fat Greek Restaurant in the Foothills Mall area; carpools to the Casino on the 13th at 9 a.m; lunch at Firebird on the 25th with carpools departing at noon; and luncheon on the 31st at the Iron Door Restaurant at Mt.

Lemmon (where it's cool!) with carpools departing at 11 a.m.

The hiking group has curtailed activity until cooler weather and the crafts group is enjoying a breather with koffee-klatching for a few weeks.

This 'N That...

Tucson celebrates its 235th birthday this month with special activities (many of them free!).

Five flags have flown over Tucson—American, Spanish, Mexican, Confederate, and the State of Arizona—and all will be presented in a special ceremony. The Royal Spanish Army established the site for the Presidio of San Augustine de Tucson and laid the foundation for the city. The original proclamation presented in August 1775 was almost a year prior to the signing of the US Declaration of Independence! Check local newspapers for information on all activities.

Often wonder about the Pima County Courthouse—a Tucson landmark for so many years? The Spanish Colonial Revival structure without its current intricately-designed dome, was built in 1867 for \$15,650. A brick building replaced the original in 1881 and served until 1928, when the current courthouse was erected at a cost of \$350,000. The main building is constructed of brick covered with stucco; the dome is concrete covered with ceramic tile, so the architecture combines Spanish and Moroccan styles.

Noteworthy during the month of August is the original Purple Heart Medal established in 1782; the US Coast Guard established in 1790; opening of the Panama Canal in 1914; construction of the Berlin Wall in 1961—the beginning of three decades of separation until the wall came down and Germany was finally reunited; and the surrender of Japan ending WWII in 1945.

Thought For The Day

A person who tries to keep promises and is willing to admit when he/she is wrong, is a person of integrity. Integrity helps build family and friend relationships—the kind of relationships to treasure for a lifetime.

Neighbors Helping Neighbors

Anyone in our community in distress and facing landscape violations due to conditions beyond their control, please contact us so that we may assist you in your time of need. We are neighbors helping neighbors in an effort to make CRCA a neighborhood we can be proud to be a part of. If you want to be a part of this or need assistance please contact us.

John and Nancy Lambert
579-1775 • jlambert04@comcast.net
Barbara Snyder • 742-3279

Kudos To The Pool Staff

Truth be told, the 2010 year began with some discouraging behavior and activity at our Windmill Park Pool. But, as planned, May 2010 marked the beginning of pool supervision by the Pool Monitor staff. As in years past, the Monitors have been put in place to facilitate a positive experience for all residents who wish to use their community pools. Many compliments and praises have been heard by members of the Management Staff, as well as the Pool Monitor Supervisors.

Overall, it seems that this was a very successful year for the program, and unruly activity has quieted down almost entirely. The team this year was especially committed to their duties as monitors, and we would like to thank them for their efforts. It's been a hot summer, and it's no

easy task to endure the high temperatures for hours on end, as our Pool Monitors have done all season. The Monitors were especially effective in helping point residents in the proper direction when they found their keys were suspended, ultimately helping the community capture unpaid assessment dues.

As their season comes to an end, please extend a kind word to our 2010 Pool Monitors so they know how appreciated they are in making the pools pleasurable for all.



TREES vs. MONSOONS

Heavy rains and strong winds associated with severe weather pose a significant test for trees that are less than two

years old. Frequently, these trees have never before shown signs of weakness or root problems. Although most trees remain unscathed during storms, a small percentage of trees lean or fall during as a result of wind and rain. This is usually a result of un-established or defective root systems.

Immediately following a storm event, DLC maintenance crews visit each damaged tree to determine the best course of action. In the process of evaluating a tree, the base of the tree and its root system is tested for strength and stability. This is done by moving the trunk slightly from side to side

to determine if the roots exhibit some degree of establishment with the adjacent soil. Trees that show any degree of root stability are straightened and re-staked. Trees that show no stability, which

means they are either broken at the base or root bound (essentially swiveling in the soil), are removed.

“Root bound trees may live if re-staked and may continue to show above ground growth. However, experience tells us that these trees will eventually fail...”



Root bound trees may live if re-staked and may continue to show above ground growth. However, experience tells us that these trees will eventually fail since root bound trees never establish good root growth. If root bound trees are re-staked instead of removed, there is significant risk that they will outgrow the stakes and fail again, this time as a larger tree. This can cause significant damage to whatever is in their path.

In locations where trees are removed, replacement trees are selected to include the best quality given the availability and variety. Depending on these factors, some replacement trees will be 15 gallon, 24" or 36" box size. It is important to note that where smaller trees are chosen, they will grow stronger in time because they have more growth time in their new location.



Root bound trees can usually be identified by observing the soil when gently shaking the tree. If the ground around the base of the tree moves, chances are the tree is root bound.



- 1** Poorly established root system allows a storm to knock over this tree
- 2** Girdled roots or a poorly established root system can cause trees to fail at the point of connection
- 3** Roots wound tightly around the trunk are called girdled roots. This will eventually kill the tree
- 4** Nursery containers can cause roots grow in a continuous circle
- 5** Ideal root growth - roots grow out in every direction almost evenly



August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Pool Committee 7pm at WP	3 Landscape Committee 7pm at WP	4 Activities Meeting 7pm at WP	5 Seniors/ Retirees 9am at CC ARC 7pm WP	6	7 Drowning Prevention at CC Pool 11:30am
8	9	10 Covenants 6pm at WP	11 Board Study Session 6:30pm at CC	12 Seniors/ Retirees 9am at CC Finance Committee 6:30pm at WP	13	14
15	16	17 Ad Hoc Meeting 6pm at WP	18 Board of Directors Meeting 7pm at CC	19 Seniors/ Retirees 9am at CC ARC 2pm WP	20	21
22	23	24	25	26 Seniors/ Retirees 9am at CC	27	28 CRCA office open 9am-1pm
29	30	31				

September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Activities Meeting 7pm at WP	2 Seniors/ Retirees 9am at CC ARC 7pm WP	3	4
5	6 CRCA office is closed	7 Landscape Committee 7pm at WP	8 Board Study Session 6:30pm at CC	9 Seniors/ Retirees 9am at CC Finance Committee 6:30pm at WP	10	11
12	13 Pool Committee 7pm at WP	14 Covenants 6pm at WP	15 Board of Directors Meeting 7pm at CC	16 Seniors/ Retirees 9am at CC ARC 2pm WP	17	18
19	20	21	22	23 Seniors/ Retirees 9am at CC	24	25 CRCA office open 9am-1pm
26	27	28	29	30 Seniors/ Retirees 9am at CC		



HEADS UP

New Nights Coming This Fall!



10-Week Leagues that Include a Single Elimination Tournament

Men's Softball

(Sundays, Tuesdays & Thursdays)

6:00 pm – 10:00 pm

9/12/10 – 11/21/10 (Sun)

9/14/10 – 11/16/10 (Tue)

9/16/10 – 11/18/10 (Thu)

Sundays: "A" League- Highest Skill Level of Competition

Thursdays: "B" League- Moderate Skill Level of Competition

Tuesdays: "C" League- Low Skill Level of Competition

TEAM FEE: \$250.00

Registration Dates: 7/5/10 - 9/3/10

Coed Softball

(Mondays, Wednesdays & Fridays)

6:00 pm – 10:00 pm

9/13/10 – 11/15/10 (Mon)

9/15/10 – 11/17/10 (Wed)

9/17/10 – 11/19/10 (Fri)

Fridays: "A" League- Highest Skill Level of Competition

Wednesdays: "B" League- Moderate Skill Level of Competition

Mondays: "C" League- Low Skill Level of Competition

MANDATORY COACH'S MEETINGS

Coed Leagues: Tues. Evening @ 5:30 pm on September 7, 2010

Men's Leagues: Wed. Evening @ 5:30 pm on September 8, 2010

At the Town of Marana Parks & Recreation Administration Building
(13251 N. Lon Adams Rd)

Online or Mail-In Registration

Marana Parks & Recreation
11555 W. Civic Center Drive
Marana, AZ 85653

activenet4.active.com/marana

www.marana.com

Walk-In Registration and Questions:

Marana Parks & Recreation
13251 N. Lon Adams Road
(520) 382-1950

COACHLINE ANNEX
9190 N. Coachline Blvd. Ste. 130
(520) 382-3495

Marana PARKS & REC **YOUTH ENRICHMENT CLASSES** **After School**

OFFERED AT THE FOLLOWING ELEMENTARY SCHOOLS
Coyote Trail • Estes • Rattlesnake Ridge • Twin Peaks

A variety of classes during the after school hours. Activities will include: acting, theatre, clowning, music, video/film, dance and magic, all provided by Arizona Rose Theatre. The children will also experience an art program through KidzArt using professional level tools and will also be provided a physical fitness program through My Gym.

Monday - Friday
School Dismissal - 6 PM
Located in Elementary Schools Cafeteria
**** ONLY 30 OPENINGS PER LOCATION ****

****REGISTRATION IS GOING ON NOW****



ACTIVITY DATES	ENROLLMENT FEE
8/9/10-8/31/10	\$200.00
9/1/10-9/30/10	\$200.00
10/1/10-10/29/10	\$200.00
11/1/10-11/30/10	\$200.00
12/1/10-12/16/10	\$120.00

Programs Closed on the Following Dates: 8/30/10, 9/6/10, 10/11/10 - 10/15/10, 11/11/10, 11/25/10 - 11/26/10

Online or Mail-In Registration
 Marana Parks & Recreation
 11555 W. Civic Center Drive
 Marana, AZ 85653
activenet4.active.com/marana
www.marana.com

Walk-In Registration and Questions:
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 13251 N. Lon Adams Road
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AUGUST 25, 2010

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REFRESHMENTS**

6:00 PM

**FREE
REFRESHMENTS**

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CALL OR EMAIL TODAY TO

NANCY SUMNER

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NANCYS@SALTRIVERENERGY.COM

Continental Ranch ESTATE PLANNING SEMINAR

and complimentary breakfast

August 14, 2010 9:30 – 11:00 AM

Continental Ranch Community Center

8881 N. Coachline Blvd.
Tucson, AZ 85743-1200



Presented by **DRAEGETH LAW, PLLC**

TREVOR S. DRAEGETH, ESQ.

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Powers of Attorney

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Community Property

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Probate

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Saturday, August 14, 9:30 AM – 11:00 AM



Lord of Grace Preschool

Enriching the lives of our children

Faith based curriculum

Now enrolling 3 and 4 year old potty trained children for morning sessions beginning

August 10th 9 am to 12 pm

Registration forms available at the church office or online

7250 N. Cortaro Road Tucson, AZ 85743

Ph# 520- 954-6454 or visit www.lordofgrace.org

Invite - Nurture – Send



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Continental Ranch Community Association Reminds You:

**Assessments are due on
May 1st & November 1st**

**Late penalty applies as of
May 15th & November 15th**



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Management's Message

Dear CRCA Owners,

August's birthstone is the peridot or onyx. Its birth flower is the gladiolus or poppy, meaning beauty, strength of character, love, marriage and family. August is "Back to School" month for the Marana children. It is the month of settling into routines and setting goals for the fall season.

August may be the eighth calendar month, but at CRCA management office it is the tenth month of the annual November through October fiscal year. It is the month for gathering up all the information from this year to project and plan for next year. We meet with vendors, committees, and the Board to facilitate the information and numbers

for the 2010/2011 budget year. Please come to the Board Meeting on August 18th at the community center when the new budget will be presented and discussed.

August is the month when the final slate of candidates will be adopted by the Board for the annual election on October 20th, 2010. This is another good reason to attend the Board Meeting.

As children go back to school the pools will be used less. But that is not a good reason to miss the Drowning Prevention class on Saturday, August 7th, at the Community Center Pool at 11:30 a.m. August is Drown Prevention month, and this class

continued on the back page

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DOG DAYS OF SUMMER

We're offering free pet portraits, hot dawg BBQs, free adoptions and a chance to win one of our many giftcards to PetSmart! Plus \$5 of every oil change will be donated to the local animal shelters when you mention this flyer on 08/20 or 09/17!

VISIT US ONLINE AT WWW.ROYALTUCSON.COM FOR DETAILS!

\$10 OFF OIL CHANGE Normally \$29.95 for standard oil, \$39.95 synthetic blend, \$59.95 full synthetic Mobil 1 <small>*Most vehicles. Price is plus tax. Exp 08/31/2010</small>	\$99⁹⁵ TRANSMISSION FLUID EXCHANGE Replace 99% of transmission fluid. Add up to 12qts of fluid. Extends transmission life. Normally \$129.95 diesels extra. <small>*Most vehicles. Price is plus tax. Exp 08/31/2010</small>
\$59⁹⁵ POWER STEERING FLUSH Removes old oxidized & contaminated fluid & replaces w/ fresh new fluid to promote quiet operations & minimize repairs. <small>*Most vehicles. Price is plus tax. Exp 08/31/2010</small>	\$79⁹⁵ A/C SERVICE Includes 1 lb R134 freon recharge. Normally \$129.95. Additional repairs & parts extra <small>*Price is plus tax. Exp 08/31/2010</small>


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Useful Numbers

Non-Emergency Marana Police Department

520-382-2000

Poison Control

520-626-6016

Pima County Animal

(including for barking dogs)

520-243-5900

Pima County Hazardous Waste

(including green pools/bee hives on vacant property)

520-243-7999

CRCA Office

520-297-7600

CRCA Emergency

520-780-9163

Marana Permits

520-382-2600

AZ Blue Stake

800-782-5348

Marana Parks & Recreation

520-382-1950

Waste Management

520-744-2600

Tucson Water

520-791-3242

Tucson Electric Power

520-623-7711

Southwest Gas

877-860-6020

CRCA Seniors Group

520-572-1141

Newsletter Policies

The Continental Ranch Windmill is published monthly by the Continental Ranch Community Association (CRCA), and is prepared under the direction of the Activities/ Publication Committee. Articles with bylines and letters to the Editor reflect the views and opinions of their respective authors and do not necessarily reflect the views or opinions of the Association, the Board of Directors, the Activities/ Publicity Committee, or the management company. We reserve the right to edit articles and letters for brevity and clarity.

Letters To The Editor

Letters must be signed and include a phone number for verification. Names will be withheld upon request. Anonymous letters or articles will not be printed.

Advertising Policy

The acceptance of a business ad in the newsletter does not constitute approval or endorsement by the CRCA. "The Association reserves the right, in its sole and absolute discretion, to refuse to accept any advertising submittal made by a prospective advertiser of the Association's newsletter or other publications." Ad publication is subject to space availability on a first-come, first-serve policy and could be denied or postponed due to lack of space in a specific issue. All advertising is subject to current Advertising Rates, as adopted by the Board of Directors. All copy for articles and camera-ready advertising is due at the Association office by the 15th of the month. Distribution will be approximately the first week of the following month. Ads may only be submitted electronically via Compact Disc (CD) or by email to josh@hoamanagementsolutions.com The preferred file format is PDF, however JPEG, TIF, and DOC are also accepted. For specific ad size dimensions please email the address above for additional information.

Advertising Rates

Business Card	\$45
Quarter Page	\$75
Half Page	\$130
Full Page	\$227

* 3 and 6 month discounts available

Political Ads must have "Paid advertisement. Not endorsed by the CRCA" in at least 8 point type at the bottom of the ad.

Management's Message

continued from page 22

is sponsored jointly by Saguaro Aquatics and Northwest Fire Department free to CRCA.

I wish to thank retired Board Member Chuck Stead for working with us these past months. May all your future endeavors be successful. Welcome to our newly appointed Larry Lemieux, Director at Large, who will serve out Chuck's term ending October 31st, 2010.

Congratulations to the Activities Committee for rousting up several new members. I hear we may have a haunted house/costume party in October? Stay tuned to learn of fabulous, fun community events. I have no doubt this committee will hit the ground running and provide great activities for Continental Ranch.

Thank you to the many CRCA owners who have signed up for the fall pre-emergent weed spray. This program works, and I encourage you to consider it if you have no time to deal with weeds.

Enjoy the pools. Stay cool.

Dale De Men, Community Manager
On behalf of Josh, Fran, Kyle and Jocelyn



Address 9150 N. Coachline Blvd.
Tucson, AZ 85743

Phone (520) 297-7600

Fax (520) 297-7917

Web www.CRCATucson.com

Email continental.ranch@yahoo.com

Dale De Men, Community Manager
daledemen@portmere.com

Josh Seng, Assistant Manager
josh@hoamanagementsolutions.com

Fran Burke, Bookkeeper
Fran@hoamanagementsolutions.com

Kyle Nickell, Covenants Assistant
Kyle@hoamanagementsolutions.com

Jocelyn Canovali, Receptionist/Activities Asst.
jocelyn@hoamanagementsolutions.com

Office Hours:
Monday-Friday, 8 a.m. to 6 p.m.
Closed Saturday and Sunday

The office is now open the last Saturday of the month. We accept payments by check or money order on those days, however, we will not handle certain issues, such as ARC or account billing concerns.

In case of emergency, please call (520) 780-9163 and follow the prompts. This number is not for reporting violations or dealing with delinquencies.

Why Haven't Back Pain Sufferers Been Told These Facts?

Now, in Tucson, AZ, one doctor has what may be the most important breakthrough in non-surgical back pain treatments. Before and after studies show success in 70%-88% of patients – even with the most painful cases of L4-L5 herniations.

Let's face it...

If the pain hasn't gone away by now, it's not likely to disappear on its own.

Having back pain can feel like a crippling condition.

You might not be able to play golf, work, or even sit in the car for a 30-minute drive. It's almost impossible for anyone around you to understand how you feel. You can't remember the last time you even had a restful night's sleep.

Finally, there's a treatment to conquer back and leg pain without dangerous medications or painful surgery.

When cushions in your back joints, called discs, get injured or wear out, they begin to degenerate and cause pain. Bulging and herniations begin to form, pressing on the nerve roots.

The most common invasive treatment for disc herniations is surgery. Even with health insurance the patient is left with their own portion of the bill, in excess of \$10,000-\$15,000, and sometimes more.

In addition, the recovery time and missed work can be anywhere from 3 to 6 months, not to mention the obvious severe risks associated with all surgeries.

Before You Go Under The Knife And Opt For Spinal Surgery...

You should seriously consider a less invasive approach called spinal decompression.

Non-surgical spinal decompression is a new technology that has been proven to help disc herniations. It creates a vacuum effect on the disc, which pulls the disc back into its normal position and brings in a fresh blood supply to promote healing.

Will This Work For You?

While non-surgical spinal decompression is a rather new treatment, there's plenty of research to back up its claims. Here's just a handful of scientific studies...

"86% of the 219 patients who completed the therapy reported immediate resolution of symptoms" – *Orthopedic Technology Review*

"vertebral axial [spinal] decompression was successful in 71% of the 778 cases" – *Journal of Neurological Research*

"decompression therapy reported a 76.5% with complete remission and 19.6% with partial remission of pain and disability" – *Rio Grande Hospital, Department of Neurosurgery*

"We thus submit that decompression therapy should be considered first, before the patient undergoes a surgical procedure which permanently alters the anatomy and function of the affected lumbar spine segment." – *Journal Of Neuroscience Research*

Another study presented at the *American Academy of Pain Management* in 2007 showed...

"Patients reported a mean 88.9% improvement in back pain and better function...No patient required any invasive therapies (e.g. epidural injections, surgery)."

As you can see, spinal decompression has a high success rate. What this means for you is that in just a matter of weeks, you could be back on the golf course, enjoying your love life, or traveling again.

The Key To Unlocking Your Pain

It's time for you to find out if spinal decompression will be your sciatic pain solution.



Struggling to get rid of back pain? One local doctor is having great success with a non-invasive treatment.

For 10 days only, you will get for FREE, all the services I normally charge new patients \$257 for!

What does this offer include? Everything. Here's what you'll get...

- An in-depth consultation about your health and well-being where I will listen...really listen...to the details of your case.
- A complete neuromuscular examination.
- A set of 2 specific x-rays to determine if a spinal problem is contributing to your pain or symptoms... (NOTE: These would normally cost you at least \$80).
- A thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain free.
- You'll get to see everything first hand. I'll answer all your questions about spinal decompression. I'll let you know if this amazing treatment will be *your* back pain solution, like it has been for so many other patients.

Call today...phone 520-327-6100

The normal price for this type of evaluation, including x-rays, is \$257 so you're saving a considerable amount by taking me up on this offer.

Call today and we can get you scheduled for your consultation, exam and x-rays as soon as there's an opening.

Sincerely,

Dr. Paul Pratt, DC

P.S. Our office is located just 1 block South of Ft. Lowell on Country Club. When you call, tell the receptionist you'd like to come in for the *Spinal Decompression Evaluation* so she get you on the schedule and make sure you receive proper credit for this special offer.



Tree Trimming

Overgrown trees can be taken quickly in a moderate to heavy monsoon. This can cause costly damage to houses/landscape.

Mesquite/Live Oak/Willow Acacia
Sweet Acacia/Shoestring Acacia
Palo Verde/Olive/Desert Willow/Citrus

Trees should be trimmed & thinned out at least once per year. Trees can become very overgrown & heavy in just a few months leaving them more susceptible to broken limbs or uprooting.

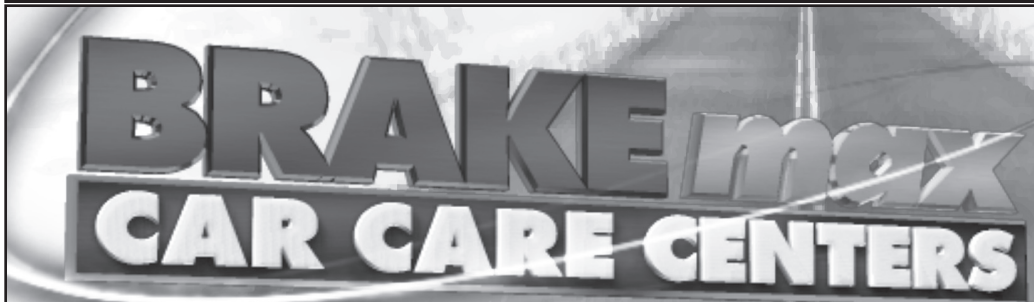
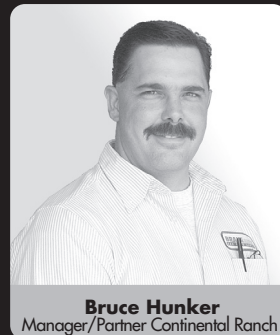
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- Correct Tire Pressure
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- Inspect Cooling System
- Test Drive & Consultation
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Up to 5 qts. of All-Climate
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Expires 9/30/10 CR

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Basic front brakes,
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& repack wheel bearings
if applicable. Additional
parts & labor may be required.

Offer ends 9/30/10 CR Disposal Fee Additional

BRAKEMAX FLUID SPECIALS

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INCLUDES:

- Lube, oil & filter
- Replace air filter
- Check brakes, adjust if needed
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- Check battery & check charging system
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- Most Vehicles
- Some Fluids Extra
- Disposal Fee Additional

Offer ends 9/30/10 CR

BRAKEmax TRANSMISSION FLUID EXCHANGE

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Offer ends
9/30/10 CR
Disposal fee additional.

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- Inspect cooling system & pressure check for leaks
- Add system flush, remove old coolant & re-fill with correct amount of reconditioned anti-freeze
- Special Fluids Additional



Offer ends
9/30/10 CR
Disposal fee additional.

BRAKEmax POWER STEERING FLUSH

\$79.99
MOST CARS

- Remove old fluid, add Valvoline SynPower Power Steering Flush
- Add new Power Steering Fluid & check for leaks



Offer ends
9/30/10 CR
Disposal fee additional.

FREE BATTERY CHECK!!